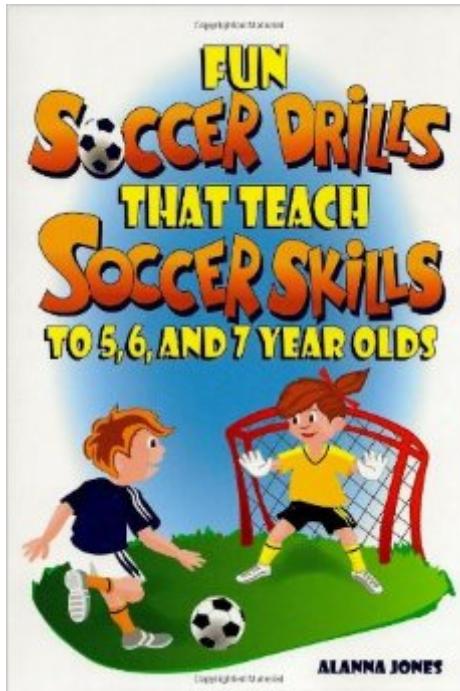


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# Fun Soccer Drills That Teach Soccer Skills To 5, 6, And 7 Year Olds



## **Synopsis**

This book provides 117 drills for teaching soccer skills through fun, easy to use games. The drills are designed to teach the fundamentals of soccer in an enjoyable, positive manner that keeps children focused, engaged, and entertained. Your team will get a great workout, maximum touches on the ball, and develop the basic soccer skills needed to be successful soccer players. Whether you have never coached soccer before or are an experienced coach, you will find useful drills in this book to hold the attention of 5, 6, and 7 year olds! In addition to the 117 soccer drills found in this book you will find 107 variations so there is always a fresh way to teach or reinforce a skill. Topics covered: Warm up, Dribbling, Defending, Passing, Receiving, Long Kicks, Shooting, Team Play, Throw-ins

## **Book Information**

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## **Customer Reviews**

This book has been a lifesaver. I have successfully coached at college and competitive club level for last 15 years and hold USSF A liscence. I recently ventured into 5 and 6 year old coaching with my young children and was overwhelmed after first practice session. Finding a resource that actually helps teach soccer fundamentals using fun active games was a lifesaver. I purchased a number of "coaching" books aimed at this age group and was very disappointed in all until I found this book. " Fun Soccer Drills that Teach Soccer Skills to 5, 6, and 7 year olds" is the best book by far for this age group and activities do a great job of allowing kids to stay engaged and have fun while actually teaching basic fundamentals of soccer.I would definitely recommend this book to any level of coach that wants to find new and fun ways to keep 5-7 year olds active and excited to learn

soccer skills. An excellent resource for novice coach as well as those experienced coaches looking looking to enhance practice sessions for pre - competitive age groups.

I volunteered to coach my daughter's soccer team when we were left coachless. The drills in this book are divided by skill, but many drills cover a few skills. Each drill is made out to be a game and emphasis is placed on ensuring the drills go quickly with the most "touches on the ball" as possible while still making it fun and worthwhile. For future additions it would be nice if the drill/games were given clever names. It makes it easier to sell a game/drill to this age range when you can call it a fun name. I may just make up my own names for these this season anyway.

I used this book when I got roped into coaching my son's U-9 soccer team. I played for 30 years but had no idea how to coach an unruly group of 3rd graders. All the other books I tried expected entirely too much discipline and sophisticated understanding out of young children. These drills are simple, fun, effective, and, very importantly, executable even if you only have 8 kids at practice. After only a few practices using these drills, my team was suddenly passing and playing defense like they had been doing it for years (and making me look a lot more competent.) I should also add that I have never been moved to leave a review before, but this book was really that good.

I have over 30 years experience coaching all levels of soccer. I bought this book for my daughter who is coaching for the first time at the U-6 level. I read the book before giving it to her and found it to be a great resource for anyone coaching at the younger levels. It does a good job of explaining the reason for each drill and how it establishes fundamental building blocks for a variety of skills. A few of the drills might be a little advanced for U-6 at the recreational level, but it is a great reference book to have in the library. I like the author's philosophy for teaching soccer at this age level. Very good book for the beginning coach at these age levels.

I purchased hoping for a book that would help me develop the skills of my son. Although many of the drills can be adapted the thrust of the book is centered around guiding a coach in drilling their team.

This book gives you easy to follow drills. Great book with short but useful advice. I like how it is organized by skill. If you are running a practice with a bunch of scattered brained 5-7 year olds this book will help you organize an effective practice.

Great book for beginner coaches or parents trying to learn soccer drills. The drills are fun and my players love them.

Got this for my son to assist him in coaching his first soccer team which happens to be his daughter's team. They love having the drills to understand the plays. Easy read for him.

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